

# Here We Are



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**Cairndow**

## NEWS

### CROWN ESTATE AWARD

- We were invited to the Crown Estate *Scottish Marine Aquaculture Awards 2008* ceremony as guests of Lakeland Smolts who unfortunately never received an award however Loch Fyne Oysters took one of the night's top honours with the award for *Marine Aquaculture Company of the Year*.

**NEW STAFF** - We are delighted to welcome Gregor Cameron, Greta Cameron and Margo Naismith on board. Gregor, a development consultant, has joined us in an advisory capacity. Greta, former Manageress of Loch Fyne Oyster Bar and Margo, who comes from a banking background, are both providing holiday cover as well as a wealth of experience.



Gregor Cameron

**DONATIONS** - We are very grateful to Iain Lindsay and Ryan Peterson of Glashoigne, to Simpson and Brown, architects of Edinburgh and also to Dr Joffe of Dunderave for their generous donations to the *Our Houses, Their Stories* project which has enabled us to keep going. We have re-applied under the new system to the Heritage Lottery Fund and to some private trusts, we hope to hear, good news, around Christmas time.

Here We Are... We are a member of the Development Trust Association and our purpose is to develop and sustain the locality of Cairndow as a cohesive community for the benefit of residents, workers and visitors alike.

In addition the Here We Are centre is a community resource providing information on the development, education and history of a rural area, designed and resourced by local people for the benefit of local people, visitors and researchers.

## Here We Are TODAY

### ENERGY - And our community

We are applying to the Climate Challenge Funds for funds to do an audit of domestic and industrial use of energy in Cairndow and to then explore ways of reducing energy used, reducing bills and reducing carbon emissions for us all.

#### In the survey we did 3 years ago -

**Commercial use:** energy used was estimated to be in the region of £500,000 worth, resulting in some 3,000 tonnes of CO<sub>2</sub> p.a. Because electricity input in several of the sites is limited, oil generators supply any additional power required.

**Domestic use:** There is no standard heating fuel in Cairndow area. Houses use a wide range of heating systems and fuel sources, including many with a mix of heating systems. Average heat energy usage estimated to be 16,250 kWh p.a.

#### Now -

#### We plan to find out about :

- Current heating systems in use.
- Usage of heating system.
- Main source of energy.
- Variations in usage in seasons, days, time of days.
- Costs associated with usage.
- How easy is the system to control.
- Home owners/tenants views on renewable.
- Level of insulation in property.
- Identification of any elements leading to serious heat loss.

#### And then how to make savings:

- Carbon emissions.
- Energy usage.
- Cost to business/home owner/tenant.
- Costs to business/homeowner in carrying out insulation upgrade.
- Reduction in non renewable energy usage

If we are successful in getting the funding we will be holding an event to launch the idea before doing questionnaires and consultations.



## THE TINKERS HEART - As told by Alice Beattie

Until a few years ago, I had always known this heart (made from white stones) to be called the *ōTinkers Heartō* but it was brought to my notice, that a local family had been married there in 1872. Relatives of the couple, said that at that time it was quite common for couples to be married at the *ōHeartō*, as it was a central meeting point.



Protecting the heart

When the road was first upgraded, Lady George Campbell of Strachur House requested, that the heart be put back to its original position, as it was of sentimental value. This was in the middle of the road. In the 1960's when the road was renewed and redirected the *ōHeartō* was by-passed, but was cleaned up and the stones renewed when the road was finished. A protective barrier was put around the heart earlier this year. The *ōHeartō* can now be seen, in the field opposite the Lochgoilhead road end.

## DRAGON'S DEN - Gregor does battle

At the Sencost ceilidh at New Lanark on Thursday 20th November Gregor Cameron went into the den on behalf of the proposed Merk burn hydro scheme. After an impressive three minute pitch Gregor convinced the judges that the proposal is a sure bet for the benefit of investors and the community and persuaded them to invest £5,000 in the development of the scheme; in fact his pitch was so inspiring that he also managed to attract a private investor. Well done Gregor!



Gregor collects the cheque

## DALMALLY SHOW - Big winner

Lucy Sumsion scooped 2 cups at the Dalmally Show in August. One cup was for the most points in the baking section and the other cup was for the first in the class with the most entries, which was the fruit loaf, jointly won with the winner of the men's chocolate brownie class!

Lucy's winning entries were:

- 1st - carrot cake, fruit loaf, marble cake, lemon meringue pie, custard creams.
- 2nd - scones, millionaires shortbread and ginger cake.

Lucy says "the gingercake recipe is from a book, which belonged to my grandmother, Elizabeth Noble, which she used a lot and I guess who I get my love of baking from!"

Lucy, very kindly, dropped off a ginger cake for us to sample; delicious!!



Tea break with cake!

## RECIPE - Gingerbread (dark)



Lucy with her silverware

Prepare an 8ö square cake tin (greased and lined with baking parchment)  
Set the oven at Reg 3 or 160° C (slightly lower in a fan assisted oven)

Gently melt the butter, treacle and sugar together in a saucepan and allow to cool. Sift the flour with the soda, salt and spices, make a well in the centre, add the beaten egg and milk and the syrup mixture. Beat until smooth and pour into the tin and bake for 50 to 60 minutes. Allow to cool in tin and then turn out.

Recipe from 'Cake Making in Pictures' by Muriel Downes of the Cordon Bleu Cookery School (1957)

## THE SERVICEPOINT - A reminder

Here We Are has been a registered service point for Argyll & Bute Council for nearly three years and in that time we have assisted people with queries ranging from proposed wind farms to dog fouling.

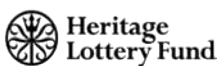
### What is a service point?

This is a place you can visit or telephone to ask for assistance with enquiries about Argyll & Bute Council Services. You can enquire about bus timetables, renewable energy or report faulty lighting etc. You can also make appointments and arrange to see specialist staff, such as debt counsellors.

So if you need any information or assistance with a council related issue, please call or email Helen at HWA between 10.00am and 1.00pm, Mon ö Fri.



## WE ARE A REGISTERED CHARITY AND OUR SUPPORTERS ARE :-



Crown Estates, Heritage Lottery, Leader + Argyll & Bute Council, Esmee Fairbairn Foundation, Hugh Fraser Foundation, P F Charitable Trust, Robertson Trust, AIE

## THE HWA COMMITTEE

Alice Beattie  
Carol Burnapp  
Kevin Farrell  
Alistair MacCallum  
John MacDonald  
Lizzie Maguire  
Alexander Miles  
Christina Noble  
Glyn Toplis

## SPORTS DESK

**SHINTY** - Inveraray 1st team won the Glasgow Celtic Society Cup beating Glen Orchy at Anniesland on the 28th of June. They also won the MacAuley Cup at Mossfield Park, Oban beating Newtonmore 3-1. Contact David MacPherson on 01499 302273.

**CURLING** - The season started on Thursday the 13th November. Contact John MacDonald on 01499 600292.

**BOWLS** - The season started on Monday the 6th of October and so far they have won one game and lost another. Contact John Smart on 01499 600129.

**GUN CLUB** - The Annual Trophy shoot will be held on Saturday July 26th.

Contact Morven Short on 01499 600201.

## ARDKINGLAS DOG

**TRIALS** - Held annually on the first Friday in August. 1st and 2nd place went to Jim and Rob with their owner Stuart Davidson of Sandbank, Dunoon. Contact Carol Burnapp on 01499 600397.



## COMMUNITY COUNCIL

- The Community Council received a letter from Scottish Water to say that the Cairndow Waste Water Treatment Scheme project will not be progressed due to insufficient demand. This letter was acknowledged by the Community Council and a request was made that they be contacted with regards to any future works in Cairndow. For more information contact Jon Pope on 01499 600277.

Designed by Jackie MacPherson, Here We Are